



Hello !

I am Greenette, a small European pond turtle from Lac du Bourget. I will be your guide throughout your adventure in Aix-les-Bains!

I am delighted to welcome you to my natural environment, where fauna, flora and human activities coexist in harmony. You'll see: my habitat is a little paradise, both above and below the water... but its balance remains fragile.

Thank you, paddlers from around the world, for taking care of my habitat.

Here, every little helps.

PROTECTED NATURAL AREA : BIOSPHERE RESERVE / NATURA 2000

In the heart of an exceptional natural environment, Lake Bourget and its surroundings are recognized by UNESCO under the RAMSAR convention on wetlands since 2003 and as a World Biosphere Reserve since 2025. In addition, they are protected at the European level (Natura 2000).



Between lake and mountains,

This living territory is home to rich and fragile biodiversity: reedbeds, wetlands, forests and meadows are home to many protected species.



Thanks to the commitment of local actors, concrete actions are carried out every day to preserve this precious balance: restoration of environments, scientific monitoring, awareness...



An inspiring setting, where nature and human activities coexist in harmony—reminding us that - like in a dragon boat - everyone has a role to play. Together, let us protect this unique heritage.

**“Welcome to my natural heaven...
please take care of it ♥”**

Did you know that I was reintroduced into the Lac du Bourget in 1995 ?

It is thanks to the Conservatoire des Espaces Naturels de Savoie, which still works in protecting my habitat today... and the habitat of many other species.



Solidarity Initiative !

1€ donated to the CEN
for each cup collected



PROTECTION OF CISTUDE

The Conservatoire des Espaces Naturels de Savoie (CEN) has been working for more than 35 years to preserve these environments.

On the ground, its actions* are concrete :



RESTORATION
and habitat management



SCIENTIFIC
monitoring



public
AWARENESS

*Find them on the partner village !

This festival is powered by



100% **RENEWABLE & LOCAL ELECTRICITY**

by the **Compagnie Nationale du Rhône.***

The electricity used during the 2026 IBCPC Festival will predominantly be hydraulic green energy.

A USEFUL WELCOME BAG

Non disposable, but reusable :



with durable and reusable items to limit waste.



That way, no waste !

We use, reuse or reverse it for a local cause.



THE CARBON IMPACT OF DRINKING BOTTLES

Compare the carbon impact by material and number of uses.

SINGLE-USE
PLASTIC BOTTLE

0,1 kgCO₂e



BREAK-EVEN POINT
(CARBON)

×

Never reusable

REUSABLE
GLASS BOTTLE

0,7 kgCO₂e



BREAK-EVEN POINT
(CARBON)

7

uses

REUSABLE
PLASTIC BOTTLE

1,7 kgCO₂e



BREAK-EVEN POINT
(CARBON)

17

uses

INSULATED
ALUMINIUM BOTTLE

7 kgCO₂e



BREAK-EVEN POINT
(CARBON)

70

uses



The longer a bottle is used, the lower its carbon impact.

1 WATER BOTTLE REUSABLE to avoid clusters of WASTE !

→ Yes... but at what **CARBON COST** ?

EXCEPTIONAL LOCAL WATER

In Aix-les-Bains, tap water is the same as water sold in bottles.

What if you **filled your bottle up rather than the bin** ?

You may be used to drinking only bottled water.

So you wonder :

Can we drink it with confidence ?

Who controls its quality ?

Is tap water really safe ?



+ [To learn more...](#)

Did you know that tap water is
the most controlled food in
France ?

In Aix-les-Bains, the distributed water is monitored throughout the year by the "Grand Lac" water service and is subject to regular checks carried out by the Regional Health Agency (ARS).



*GHG = Greenhouse Gas.

In addition to GHG* emissions,
the use of water bottles at the event
SAVES ABOUT about :

600 kg

PLASTIC BOTTLES

over the duration of the event.



Note that to avoid the development of bacteria, a flask must be regularly washed with soapy water and left to dry in the open air.

**Less plastic is a healthier habitat for me...
and for you !**

Did you know that a reused flask can replace dozens of plastic bottles ?

Think about your water bottle 😊



WASTE SORTING

At the festival, sorting is a priority!
Collection points will be at your disposal for waste.



WHY DO YOU SORT ?

- Preserving resources
- Reduce pollution
- Protecting biodiversity



THE FESTIVAL RECYCLES

To **limit its impact and reduce waste**, the festival has chosen to reuse

360 m² OF CARPET

already used by locals events (La Roche Expo).

TRANSPORTS

requested by the Federation

To limit CO₂ emissions, simple solutions are being implemented :



✓ Free shuttles for everyone



✓ Usage Reduction individual vehicles

REUSE OF WASTE

Aluminum cans will be **COLLECTED** by the “*Bouchons74*” association in order to recycle them and allow to contribute to the purchase of equipment for the benefit of **PEOPLE WITH DISABILITIES**.



A minibus to transport

9 PEOPLE



comes down to an average consumption of

1,5 L PER 100 KM / passenger

By bus from

50 SEATS



this amounts to

0,7 L PER 100 KM / passenger

→ **That's a saving of about 50% in fuel.**

CO₂ is my enemy...

Leave your car and enjoy the transport !



CARBON FOOTPRINT

With 4,500 participants from 26 countries, the impact exists.

Our Goal :

1. Reduce it.
2. Encourage responsible choices.
3. Raise awareness among everyone.

The more there are of us, the more we can act !



THE DIFFERENT PLAYERS & THE CARBON IMPACT OF THE EVENT

FEDERATION



➤ Strategic plan

- Guide the **FREQUENCY OF THE EVENT**
- Choice of **ORGANIZER** (country, locality, etc.)
- Request for **GOODIES** and information booklets



ORGANIZERS

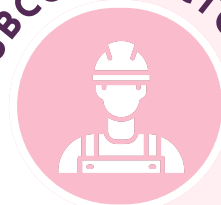


➤ Operational plan : Meets the federal specifications

- Organizes the **SHUTTLES**
- Choice of **MEALS**
- Provides the **EQUIPMENT**
- Management of **WASTE**
- Linking with the **ACCOMMODATIONS**



SUBCONTRACTORS



Meet the **SPECIFICATIONS** required by the organizer.

Choice of the **MEANS OF TRANSPORT** to go to the site.

ATHLETES



CARBON FOOTPRINT

GLOBAL : 18 500 tCO₂e
PER PARTICIPANT : 4,5 tCO₂e

FEDERATION



This event is organized every 4 years by the **International Breast Cancer Paddler Commission (IBCPC)**.

- The frequency of events is one of the main levers determining the amount of trips generated.
- During these events, the goodies suggested by the federation have an impact, *(representing 33% of the impact directly related to the organization, excluding air travel and accommodation)*, mainly due to the manufacture of competition t-shirts and souvenirs.

ORGANIZATION

Fully aware of the impact generated by this event - particularly for the air transport of the participants - we are implementing **LOW-IMPACT ACTIONS** to make this event a lever towards more sustainable practices.

- These actions involve **RAISING AWARENESS AMONG ALL STAKEHOLDERS** about our impact in order to know how to address the issues surrounding it (travel, food, and waste).



PARTICIPANTS

They are the central pillar of the event, without them it would not take place.

Despite this central position, they support the emissions related to the choices of the organization and the federation.

The organization intends to raise their awareness in order to develop their knowledge on the subject.



CONTRACTORS

They meet the organizers' specifications in order to limit the generation of waste.

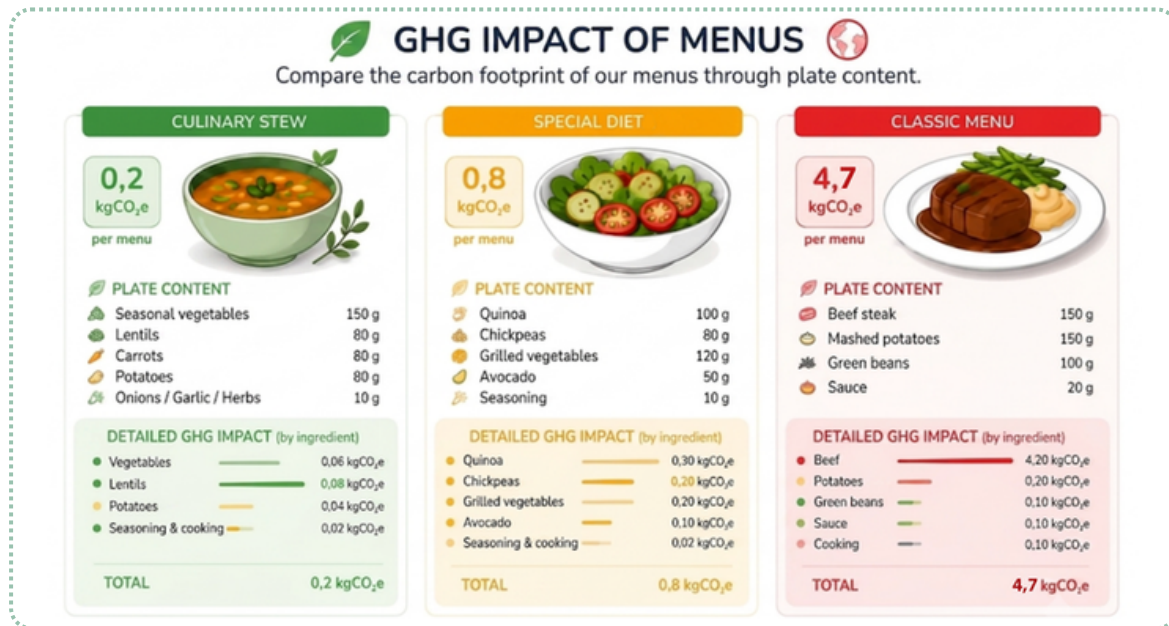


MEAL - CARBON IMPACT

To reduce our impact, several menu options are available :

✓ Vegetarian options

✓ Carefully selected products



Eating differently also means taking action for the planet.

[+ To learn more...](#)

OUR CATERER RECYCLES

The catering company is committed to an eco-friendly approach by prioritizing :

- the short supply chains,
- the zero single-use plastic,
- the reduction of food waste,
- the use of biodegradable wooden boxes.



Biodegradable wooden lunch boxes are **recycled** into fuel for the **barbecue**.

LET'S ACT TOGETHER

This festival is a human... and environmental adventure.

Every little helps :



THANKS

for TAKING CARE of my home
on behalf of
all the other Greenette's.

Happy festival to all !



Cistude turtle of Lac du Bourget
Adobe Stock