



## BUOYANCY AID & SAFETY

In order to ensure the safety of everyone during the event, **each participant must be able to swim at least 25 meters.**

It is also important that **each participant is aware of the event on-the-water safety instructions** (<https://ibcpcfrance2026.com/wp-content/uploads/2025/04/safety-instructions-ibcpc26.pdf>).

For safety reasons and in accordance with the regulations of the French local authorities, **each participant must have a personal buoyancy aid complying with the international standard ISO-12 402-5 (level 50 / 50 Newton).**

However, French government regulations **do not allow manual life jackets, automatic life jackets released with a cellulose pill system or any types of buoyancy aid belts.** The only type of inflatable life jacket authorised is the one released with the hydrostatic technology (Hammar type).

Please see examples on the table below:

 <p><b>Authorised</b></p>	  <p>Vest type buoyancy aid with buckles</p>	  <p>Vest type buoyancy aid with zip</p>	  <p>Vest type buoyancy aid</p>	  <p><b>Automatic hydrostatic</b> life jacket</p>
 <p><b>Non- authorised</b></p>	  <p><b>Automatic life jacket</b> with <u>cellulose pill</u></p>	  <p><u>Manual only</u> life jacket</p>	  <p><u>Oral only inflatable</u> life jacket</p>	  <p>Any buoyancy aid <u>belt</u></p>

**Please note:** buoyancy aids / life jackets will not be provided for BCS crews and paddlers. **You must bring your own.** If you have an inflatable automatic hydrostatic life jacket, **please make sure the cartridge is armed before each time on the water and have spare cartridges with you in case one needs to be used.**

On-site checks will be carried out.